

CONTINENTAL BREAKFAST

FRESH BLUEBERRY SCONES

ASSORTED HOT MUFFINS / CORN / BLUEBERRY / CHOCOLATE CHIP / HEALTHY HARVEST / CRANBERRY ORANGE

FRESH BAGELS / PLAIN & FLAVORED CREAM CHEESE

FRESH BAKE CROISSANTS / DANISH

ORANGE & CRANBERRY JUICE

HOT BREAKFAST

FRESH BLUEBERRY CONES

ASSORTED HOT MUFFINS

CORN / BLUEBERRY / CHOCOLATE CHIP / HEALTHY HARVEST/ CRANBERRY ORANGE

FRESH BAGELS / PLAIN & FLAVORED CREAM CHEESES

FRESH BAKE CROISSANTS / DANISH

SCRAMBLED EGGS

EGG WHITE & VEGETABLE FRITTATA

FRENCH TOAST

HOME FRIES

BACON & SAUSAGE

ORANGE & CRANBERRY JUICE

SIDES & SNACKS

FRESH FRUIT PLATTER

GRANOLA BARS

YOGURT CUPS, ASSORTED

COFFEE SERVICE

COFFEE BY THE THERMAL POT

(PER THERMAL POT WHICH SERVES 8 TO 10 CUPS)

REGULAR HOUSE BLEND

DECAF HOUSE BLEND

FLAVORED COFFEE

ASSORTED TEAS

SALADS

RED OAK LEAF LETTUCE

TOSSED WITH TOASTED ALMONDS / FETA CHEESE / DRIED CRANBERRIES / RED ONION / SWEET RED WINE VINAIGRETTE

SPINACH SALAD

CANDIED PECANS / BLOOD ORANGE & HONEY DIJON DRESSING

BOSTON BIB LETTUCE

APPLE/ DRIED CHERRY / WALNUT SALAD / MAPLE DRESSING

TOASTED LEMON ORZO SALAD

RED PEPPERS / SCALLIONS / OLIVES / HERBS

SUGAR SNAP PEA SALAD

TOASTED BLACK SESAME / ASIAN VINAIGRETTE

CAVATAPI PASTA WITH SHRIMP

FRESH PLUM TOMATOES / CAPERS / FRESH HERBS

FRESH GREEN BEAN SALAD

TOASTED PINE NUTS / SUN DRIED TOMATOES

PASTA BOWS

BABY SHRIMP / PEAS / SAFFRON SAUCE

VEGGIE BROCCOLI SALAD

RED WINE VINAIGRETTE

CLASSIC COBB SALAD

TURKEY / CRUMBLLED BLUE CHEESE / MUSHROOMS / BACON / AVOCADO

SPECIALTY SOUPS

BUTTERNUT SQUASH BISQUE

TOMATO LEEK

ROASTED RED PEPPER BISQUE

VEGETARIAN LENTIL

NAVY BEAN & SPRING

VEGETABLE

TOMATO FLORENTINE

LOBSTER BISQUE

THREE BEAN VEGETARIAN CHILI

VEGETARIAN BLACK BEAN

ADD ANY SOUP TO ANY MENU

CLASSIC SANDWICHES

TUNA SALAD / CHICKEN SALAD

ROAST BEEF / HONEY HAM

ITALIAN COMBO / AMERICAN COMBO

ROAST TURKEY / SMOKED TURKEY

GRILLED VEGETABLE

ASSORTED SANDWICHES & WRAPS

ROAST BEEF / HORSERADISH MAYO

TERIYAKI FLANK STEAK / SALSA WRAPPER

TOASTED ALMOND CHICKEN SALAD / SUN

DRIED TOMATO WRAP

NEW ENGLAND TURKEY SANDWICH /

CRANBERRY SAUCE/STUFFING/MULTI GRAIN ROLL

GRILLED SHRIMP/ MANGO SALSA /WRAP

GRILLED SALMON/ RED ONION

MARMALADE / WRAP

BRIE, PEAR & ENDIVE / MULTI WALNUT RAISIN ROLL

GRILLED VEGETABLE / FRESH MOZZARELLA/

BALSAMIC/ FOCACCIA

CAESAR MARINATED CHICKEN/ PARMESAN/ ROMAINNE/TOMATOES/WHOLE WHEAT WRAP

LOBSTER SALAD CLUB WRAPPER

FRENCH HAM & GRUYERE/ HERB BUTTER/

BABY CROISSANT

SMOKED TURKEY & AVOCADO/ LEMON

MAYONNAISE/ HUMMUS/ SPROUTS/

CUCUMBER/ TOMATOES/ RED ONION/

FETA- DILL DRESSING/ HEALTHY VEGGIE

WRAP

SIDE DISHES

ROASTED RED BLISS POTATOES

HARICOT VERT

GARLIC MASHED POTATOES

MAPLE GLAZED CARROTS

LYONNAISE POTATOES

GRILLED TERIYAKI VEGETABLES

POTATO GRATIN

GRILLED CORN ON THE COB

POTATO DAUPHINE

SAUTÉED HERB VEGETABLE MEDLEY

SPANISH RICE

GRILLED ASPARAGUS & RED PEPPERS

SPECIALTY PLATTER

POACHED SALMON PLATTER/RED ONION

MARMALADE

SWEET CHILI GLAZED SALMON

ROAST PORK LOIN APPLE & RAISIN

COMPOTE

GRILLED FLANK STEAK GRILLED PINEAPPLE

GRILLED TURKEY PAILLARD/CRANBERRY SAUCE

GRILLED ROSEMARY CHICKEN/ROASTED CORN SALSA

GRILLED MARINATED TERIYAKI VEGETABLES

GRILLED SHRIMP/GARLIC/HERBS/ OLIVE OIL

BEST MIXED GRILL PLATTER/AN ASSORTMENT OF ABOVE GRILLED ITEMS

CLOVE & BROWN SUGAR GLAZED SPIRAL HAM/HONEY MUSTARD SAUCE

LOW CARB WRAPPERS/ LETTUCE WRAPPER

SESAME SALMON/SHREDDED

CARROTS/SESAME OIL/ ASIAN

CABBAGE/JULIENNE TRI COLORED PEPPERS

SPICY GRILLED CHICKEN/SAMBAL MAYO

GRILLED TURKEY PAILLARD/ROASTED

CORN/DRIED CRANBERRIES

GRILLED SHRIMP/MANGO SALSA

ANTIPASTO/ASSORTED ITALIAN

MEATS/PROVOLONE/TOMATO

HOT ENTREES

CHICKEN MARSALA/ FRESH MUSHROOMS/ LIGHT BROWN SAUCE/ MARSALA

GRILLED CHICKEN / HOMEMADE ROASTED CORN SALSA

SALMON FRANCAISE/ LEMON BUTTER SAUCE

GRILLED HERB CHICKEN/ HOMEMADE

ROASTED CORN SALSA

HERB ROSTED PORK TENDERLOIN/ PAN DEMI

CHICKEN BREAST/ PROSCIUTTO/ SWISS/

PORT WINE DEMI

PENNE VODKA

BOW TIES/ SHRIMP/ PEAS/ TOMATOES

LOBSTER RAVIOLI/ SAFFRON CREAM SAUCE

RIGATONI BOLOGNESE

DESSERT

STRAWBERRIES / APRICOT BARS

RASPBERRY SQUARES / MAGIC BARS

CHOCOLATE CHEESECAKE BROWNIES

HOMEMADE COOKIE & DESSERT BARS

WHITE CHOCOLATE MACADAMIA COOKIES

LUNCH PACKAGES

OPTION #1

2 SALADS
CHEF SELECTION OF ASSORTED SANDWICHES AND WRAPS
INCLUDING VEGETARIAN OPTION
PLATTER OF COOKIES AND ASSORTED BARS

OPTION #2

2 SALADS
YOUR CHOICE OF 5 ASSORTED SANDWICHES AND WRAPS
PLATTER OF ASSORTED COOKIES AND BARS

OPTION #3

2 SALADS
2 SPECIALTY PLATTERS
ROLLS AND CONDIMENTS
PLATTER OF ASSORTED COOKIES AND BARS

OPTION #4

2 SALADS
BREAD AND BUTTER
2 MAIN ENTREES
2 SIDE DISHES
PLATTER OF ASSORTED COOKIES AND BARS

ADD ASSORTED SODA & BOTTLED WATER TO ANY MENU

SET UP, DELIVERY & CLEAN UP INCLUDED ON ALL PARTIES OVER 20 PEOPLE

COCKTAIL PARTIES & DINNERS

WE HAVE CELEBRATED BIRTHDAYS, PLANNED BAR MITZVAHS AND EVEN BEEN ON HAND FOR YOUR MOST INTIMATE DINNER PARTIES. WITH OVER 40 YEARS COMBINED EXPERIENCE IN THE HOSPITALITY WE HAVE BUILT WHAT IS KNOWN TO BE ONE OF THE PREMIERE CATERING COMPANIES IN CONNECTICUT. FOCUSING ON QUALITY AND PRESENTATION WE ARE CONFIDENT THAT ANY FUNCTION WE CATER WILL EXCEED YOUR EXPECTATIONS.

PLEASE VISIT OUR WEBSITE WWW.BESTINGOURMET.COM FOR UP TO DATE MENUS OF OUR HORS D'OEUVRES, AND DINNER SELECTIONS.

BEST IN GOURMET IS A FULL SERVICE CATERING COMPANY WHO HANDLES ALL AREAS OF CATERING :

- EVENT PLANNING
- MENU PLANNING
- STAFFING
- ALL RENTALS
- EVENT DESIGN

OUR EVENT WORK INCLUDES:

- CORPORATE LUNCHES
- WEDDINGS
- BAR / BAT MITZVAHS
- BARBEQUES / COOKOUTS
- BIRTHDAY PARTIES
- GRADUATION
- HOLIDAY PARTIES



BEST IN GOURMET

SPECIALTY CATERING FOR ALL OCCASIONS

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